

Reflections

Wednesday, April 8, 2020

Let's start with some encouraging/lovely/wonderful feedback:

Scott, (and all) I have just read your piece on "Trust" in the newsletter released today, plus Patty's "12 tips". In addition, I have been appreciating the meditations that you have sent out the last 3 weeks. All of it resonates with me in a significant way in "normal" times. AND as material for these CV19 times, it is particularly compelling.

Compelling in two ways in particular....one, in my mind, it speaks to and exemplifies your vision for TMI to be the "go to" place for shifting consciousness. Two, they each are examples of what I see can, in fact, help us all with the shift in consciousness that is afoot.

So thank you for the thoughtful and thought-provoking demonstrations of what TMI is all about. Many blessings,
John Davis

What a wonderful compliment to all of you. As you know, it takes a team to accomplish something as complex as the Monroe Institute. Congratulations everyone. Take a bow.

Amenie gave us insight into how to get accurate information about the progression of Covid-19 in Virginia (We're doing very well vs. the US as a whole)

Here's her suggestions:

Virginia Department of Health: (Amazing stats)

<http://www.vdh.virginia.gov/coronavirus/>

Worldwide (UVA grad students)

<https://www.trackcorona.live/>

Center for Disease Control (CDC)

<https://www.cdc.gov/coronavirus/2019-ncov/cases-updates/cases-in-us.html>

Stunning graphs from above websites.

Virginia has dramatically "flattened the curve," VDH site

US is still under exponential growth in cases, CDC site

Today we held an organizational meeting where we put some more thought into our Masterclasses coming up. They are webinars with trainers talking about topics they know really well and relevant to our times. The Masterclasses will be free and let's pattern for many to attend.